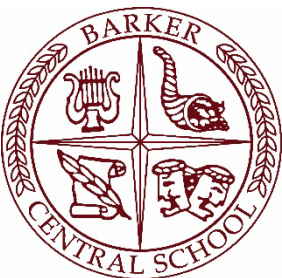


To be a leader in bringing out the best in each individual in our community.

Community Education

Winter 2023 Community Education Program



BCS COMMUNITY EDUCATION PROGRAM

Director of Community Education:
Mary Eadie: 716-795-3110, meadie@barkercsd.net

<p>Winter 2023 Classes Begin January 23rd & End March 23rd <u>No classes February 20th - 23rd</u> Check website for updates to schedules: www.barkercsd.net/adulted</p>	<p><i>Ongoing registrations will be honored unless class has been canceled. Please register early to ensure that classes are not canceled due to low enrollment.</i></p>
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Special Programs

AARP SMART DRIVER	H. S. Cafeteria	Tuesday, March 21 st & Wednesday, March 22 nd , 6 - 9 PM
<p>The AARP Smart Driver™ Course includes a focus on areas where drivers could benefit from additional training. This program is beneficial for all ages! A minimum of 15 people are required to hold this class. Participants must attend both evenings to qualify for discounts. Participants of the course will qualify for a discount on their automobile insurance. Participants will also qualify for a 3-point reduction on their driver's license for any points previously accrued for moving violations. Check with your insurance provider for specifics. Instructor: George Laskey Cost: \$30 AARP Members/\$35 Non-Members 2 Classes</p>		
<p>Checks made payable to: AARP – NOT to BCS Write AARP member # in memo</p>		

COMMUNITY BAND	Band Room	Mondays 7 - 9 PM
<p>The Barker Community Band has been performing music in Barker and neighboring communities since 1984. This ensemble makes appearances at charity events, churches, parks and schools. It is a year-round course and is open to anyone with a background in instrumental music. Questions – contact Marcia Frost at rmfrost88@yahoo.com</p>		

Regular Classes

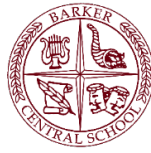
ANTIQUA AUTO RESTORATION	Room 161	Tuesdays, 4 - 6 PM
<p>Come and explore the various techniques used to accomplish sheet metal work, welding, painting, cleaning and other tasks necessary to restore antique automobiles. No formal instruction given. There will be a charge for all materials used. LAB FEE: Participants will be charged for, and will be responsible for, all supplies used in course.</p>		
Instructor: Tom Mallon	\$30.00 (Seniors \$15.00)	8 weeks

BASKETBALL	HS Gym	Mondays & Wednesdays, 7 - 9 PM
<p>Competitive basketball for the recent and not-so-recent player. A congenial atmosphere is maintained to ensure that all participants have an enjoyable evening. No instruction will be provided. NO STUDENTS. MUST BE REGISTERED TO PARTICIPATE.</p>		
Instructor: Jared Morgan	\$40.00 (Seniors \$20.00)	8 weeks

BEGINNER KNITTING	Room 183	Tuesdays, 6 - 8 PM
<p>Learn the creative and fun activity of knitting! Each week will focus on a different topic, including tools, stitches, patterns and history. You will need to bring a pair of single-point knitting needles and a skein of yarn (any size will do for this first practice session). We will discuss additional materials you will need to buy for a specific project that you will make during the remainder of classes.</p>		
Instructor: Karen Davis	\$30.00 (Seniors \$15.00)	8 weeks



BOOK FOLDING	Room 278	Wednesdays, 5-6 PM Classes: 1/25, 2/1, 2/8, & 2/15
Rescheduled to Fall		
Do you enjoy folding pages? My heart is with you! Please join me for a few weeks of page turning fun as we put discarded library books to new use and create beautiful page folding art. Hint: Your first creation is guaranteed to be formed from the heart!		
Instructor: Mary Dudek	\$20.00 (Seniors \$10.00)	4 weeks
BODY SCULPTING	Elementary Gym	Tuesdays & Thursdays, 7:30 - 8:30 PM
This fast-paced class will help you strengthen, tone and shape your body. Following the interval training concept, low impact movements are alternated with weight-bearing exercises to challenge and meet your fitness goals. You will need a mat and weights. Trisha is a certified and experienced fitness instructor.		
Instructor: Trisha Mathison	\$40.00 (Seniors \$20.00)	8 weeks
CERAMICS FOR BEGINNERS	Room 183	Thursdays, 6 - 8 PM Classes 3/2, 3/9, 3/16, 3/30
Create functional and decorative pieces with a variety of hand-building techniques. Class is for beginners. No experience is necessary. There is a separate \$20 lab fee for materials collected first class.		
Instructor: Krista Beth Feltz	\$20.00 (Seniors \$10.00)	4 weeks
GREETING CARDS CLASS	Room 183	Thursdays, 6 - 8 PM Classes: 1/26, 2/9, 2/16, & 3/23
Do you enjoy stamping, coloring and scrapbooking but don't have the time to do large projects? Come join us and make greeting cards! Each week we will demonstrate cards using stamping, coloring with Copic markers, watercolor, embossing and more. We provide all of the materials to make 5 complete cards with envelopes. You will need to bring a tape/dot runner with refills or a bottle of liquid glue. Dot runners may be purchased at Walmart or any large craft store. Lab Fee for materials - \$12 per class.		
Instructors: Mary Kersch	\$14.00 (Seniors \$7.00)	4 weeks
HALL WALKING		Mondays - Thursdays, 6 - 8 PM
What better way to exercise than walking! Come walk with us in the halls of Barker Central School. Please wear comfortable clothing and good, comfortable walking shoes or sneakers. You may bring a water bottle, or water fountains are available. This exercise is designed for all ages and levels. Coat hooks are available by room 161 near the art rooms with the skylights.		
No Instructor	Free	All school year
LAP SWIMMING	Pool	Mondays & Wednesdays, 6:30 - 7:30 PM No Classes: 1/25, 2/1, 2/8
(Runs January 23 - March 27)		
Pool will be open for lap swimming pending a minimum of 6 registered needed and availability of lifeguards.		
Staff Lifeguards	\$35.00	7 weeks
STRETCH AND TONE YOUR BODY	Elementary Gym	Tuesdays and Thursdays, 6:30 - 7:30 PM
This class is for everyone - men and women! Do you want to feel better, get active and have fun too? Come join Trisha for this class that focuses on stretching, joint movement, flexibility, and strength training. All exercises are done standing or sitting in a chair. There is no exercising on the floor. We have a good time socializing and exercising. Trish is a certified fitness instructor.		
Instructor: Trisha Mathison	\$40.00 (Seniors \$20.00)	8 weeks
VOLLEYBALL	H.S. Gym (Classes start the week of 2/28)	Tuesdays & Thursdays, 7 - 9 PM
NO STUDENTS. Mixed volleyball for all skill level players. A pleasant environment is maintained to insure that all participants have an enjoyable evening.		
Instructor: Jared Morgan	\$20.00 (Seniors \$10.00)	4 weeks
WATER AEROBICS	Pool	Mondays & Wednesdays, 5:30 - 6:30 PM No Classes: 1/25, 2/1, 2/8
(Runs January 23 - March 27)		
This water aerobics class will instruct participants through very low impact aerobic exercise that encourages cardiovascular fitness. Come firm and tone those muscles through water resistance workouts using rhythmic exercises put to music for you. Instructors are certified lifeguards. All workouts will be in the shallow end of the pool and the class size is limited to 30 participants.		
Instructor: Beth VeRost	\$35.00 (Seniors \$17.50)	7 weeks



YOGA **Jr. High Gym** **Tuesdays & Thursdays, 7 - 8 PM**

In this class, postures are practiced to align, strengthen and promote flexibility in the body. Breathing techniques and meditation are also integrated. You can expect an emphasis on simplicity, repetition, and ease of movement. Full-body relaxation and balance are the goals, as we make a full circuit of the body's range of motion

Instructor: Molly Burke **\$40.00 (Seniors \$20.00)** **8 weeks**

ZUMBA **Elementary Gym** **Mondays & Wednesdays, 6--7 PM**

Working to Reschedule if Possible

The most awesome workout ever! Dance to great music, with great people, and burn a ton of calories without even realizing it. We take "work" out of workout. The ultimate dance-fitness party will groove you into shape. No experience or partner needed. All fitness levels welcome. Wear comfortable clothes, sneakers and bring a water bottle. Melissa is a licensed Zumba® instructor.

Instructor: Melissa Durfey **\$40.00 (Seniors \$20.00)** **8 weeks**

American Legion Post #425 Military Museum

The American Legion Post #425 has a classroom across from the High School cafeteria. It is a Military Museum, which was started in the Yorker House south of the school. It contains memorabilia from the Civil War through today. You can see pictures of Barker Veterans starting with WWI, uniforms from different wars, books, pictures and hundreds of artifacts.

This room is a great history resource room for all teachers and students, and the community. Herb Loesch is available upon request by calling 716-471-0491 to set up appointments for anyone who would like to look back in history of our country. To visit during a Community Education session, you can also contact Mary Eadie at: meadie@barkerksd.net

Important Community Education Information

- **Doctor's Certificate of Health:** A physical examination is suggested prior to participating in physical fitness classes.
- **Eligibility:** In general, district residents and non-residents who are 18 years of age or older may enroll.
- **Senior Citizens:** Senior Citizens, residents ages 55 and older, will be provided admission at 50% of the regular fee to all school-sponsored events if they present a Barker Central School District Senior Citizen Card. **Non-residents will be required to pay the full admission fee.** Registration forms must be submitted. Proof of age is required. In order to take advantage of senior citizen fee discount for courses and some special events, you need a Barker Central School Senior Citizen Card. You may receive this card by coming to the Barker Central School Superintendent's office and registering.
- **Registration:** Mail registration. Early registration protects against having to cancel due to insufficient registration. Please avoid disappointment by enrolling early. Registrants can assume they are officially registered unless notified and should begin attending classes on the scheduled starting date. You may register at the first session of class.
- **Is Class Canceled?** Whenever school is closed during the day due to inclement weather, no classes will be held that evening. Listen to local radio stations WBEN-AM 930 or WLVL-AM 1340 or TV Channels 2, 4 or 7 for school closings. If inclement weather begins later in the day, listen to local radio stations for announcements. Whenever possible, we will utilize the Blackboard Connect system to notify registered students in the event of a cancellation as noted above. Please be sure to provide a valid phone number for this purpose. Do not call the school. When a class cannot be held due to an illness or for other reasons, it is the instructor's responsibility to see that class members are notified. Canceled classes will be rescheduled by the instructor.
- **Material Cost:** Additional fees will be charged in classes where materials are used. These are to be paid by the second session.
- **Refunds:** Total refunds will be made only if a class is canceled or filled. Transfer of tuition to another course can be arranged where size of class permits. No transfers after second class meeting. No refunds after classes begin.
- **No Smoking:** Barker Central School is a non-smoking facility.

BCS Community Education Registration Form

NAME: _____

ADDRESS: _____

CITY: _____ ZIP: _____

CELL PHONE: _____ HOME PHONE: _____

EMAIL: _____

COURSES: _____ COST: _____

_____ COST: _____

_____ COST: _____

_____ COST: _____

_____ COST: _____

(Please provide all contact information as it is used for class changes and to keep you informed of other important information.)

- Check here if you are a District senior citizen.
You are eligible for a 50% discount if you are 55 years or older with a B.C.S. Senior Citizen card.

Instructions:

1. Completely fill out one form for each person.
2. Registration must accompany payment.
3. Registrations will be accepted in order of postmark.
4. Please include your phone numbers and email to facilitate contacting you if necessary.
5. No refunds issued after classes begin.
6. You can assume your registration has been accepted unless you are notified otherwise.
7. Make checks payable to: **Barker Central School Community Education** unless otherwise noted.
8. Please indicate the name of the course or courses on your check.

PLEASE DO NOT SEND CASH.

9. Mail to:
Mary Eadie, Director of Community Education
Barker Central School District
1628 Quaker Road
Barker, NY 14012

Questions?

Please contact Mary Eadie
Coordinator of Adult/Community
Education:
716-795-3110
meadie@barkercsd.net

For a complete updated
Community Education schedule
please visit the B.C.S. website:
www.barkercsd.net/adulted

Looking for new classes!

Would you like to teach,
or share your hobby?
Be a teacher for Community
Education once or twice a week.
Please contact Mary Eadie:
meadie@barkercsd.net